Hosted by Aikido of Arlington and Northern Virginia Ki Aikido

PATRICIA HENDRICKS SHIHAN

2020 Virginia Tai Sai Seminar – May 2 & 3

SCHEDULE  
Saturday, May 2: 10 AM – Noon & 3 – 5 PM  
Dan Testing at Noon

Special Keiko on Saturday: 5 - 6 PM – $40 extra

Sunday, May 3 9 AM – 1:30 PM

Bring Weapons – Saturday Night Dinner at local restaurant (additional cost)

LOCATION  
Northern Virginia Ki Aikido, 2929-E Eskridge Rd, Fairfax, VA 22031

COST  
Both Days: $125 ($165 after April 17th)

One Day: $80 ($100 after April 17th)

Sat One Session: $50 ($65 after April 17th)

Note: Special Saturday Keiko, 5-6 PM, additional $40 cost

Hendricks Sensei, a 7th dan, is the head of California Aikido Association (CAA) - Division 1. She has trained extensively with Saito Morihiro Shihan and holds the highest degree possible in Iwama Ryu Weapons System. We are honored to have her share her wisdom, energy, and friendship, once again.

Please make checks payable to Aikido of Arlington  
PayPal accepted on-line

Mail To: Yvonne Thelwell  
700 7th St., SW #402  
Washington DC 20024

ON-LINE REGISTRATION AND SEMINAR DETAILS AVAILABLE AT WWW.AIKIDOOFARLINGTON.COM
Patricia Hendricks Shihan Seminar  
May 2 & 3, 2020  
Registration Form

Name:_____________________________________________________________________________________

Address:___________________________________________________________________________________

City State & Zip :_____________________________________________________________________________

Phone No:__________________________  E-mail:_______________________________________________

Dojo:___________________________________________  Rank:____________________________________

Emergency Contact & Phone #_________________________________________________________________

SATURDAY & SUNDAY_____ SATURDAY ONLY_____ SUNDAY ONLY_____    Special Keiko _____

April 17, 2020 or Before      After April 17, 2020
Seminar Cost:    
$125 for Both Days    $165 for Both Days
$80 for One Day    $100 for One Day
$50 for One Session Sat    $65 for One Session Sat

Special Keiko - $40 (Sat Evening 5 – 6 PM).  Registration for special keiko can be made at the seminar.

Please Make Check Payable to  Aikido of Arlington.
Mailing Address:  Yvonne Thelwell, 700 7th St., SW  #402, Washington, DC  20024
On-line Registration is available at www.aikidoofarlington.com
Directions to dojo, transportation, etc, see  http://novakiaikido.org/

Aikido is a martial art and has certain inherent risks (bodily injury) that accompany the training in any martial arts system. It is recommended that one receive a medical examination before training in Aikido class. By signing this waiver, the participant agrees to assume full responsibility for themselves, and release Aikido of Arlington, Northern Virginia Ki Aikido, Pat Hendricks, employees, instructors, students, and staff from any liability for any and all injuries sustained while training in Aikido, or on the dojo grounds. The participant is urged not to try any technique, or exercise that they feel is too advanced for them to perform. The participant further agrees to act in a respectful and courteous manner at all times while in the school or on the premises. Aikido of Arlington and Northern Virginia Ki Aikido reserves the right to ask any participant or guest not obeying the rules of etiquette and/or safety regulations to leave the premises.

I, ____________________________, have read this waiver in full and understand the risks involved in training in Aikido. I agree to obey all rules and regulations of the schools and by signature below, I agree to all terms and conditions contained in this waiver.

Signature & Date:_______________________________________________________________________________

If applicant is under 18 years old, Parent or guardian must sign below

I, ____________________________, (Parent or guardian) have read this waiver in full and understand the risks involved with training in Aikido. By signing below I agree to all terms and conditions contained in this waiver.

Signature & Date:_______________________________________________________________________________